



WINGS: REHABILITATION PROGRAM FOR CHILDREN AND THEIR PARENTS DISPLACED FROM ARTSAKH

PROJECT SUMMARY



The simplest way to acquire wings is by giving a pair to someone else

"Wings" is a dedicated 3-months rehabilitation program, designed for children aged 4-18, as well as their parents forcibly displaced from Artsakh due to the tragic events of September 2023.

The program seeks to rejuvenate the physical, psychological, and mental well-being of children and adolescents.

It focuses on psychological rehabilitation, fostering parental insight into their children's needs, nurturing community cohesion, and facilitating seamless integration into new environments.

PROGRAM COMPONENTS

- **Physical rehabilitation through sports therapy is offered, with a choice of activities including swimming, volleyball, football, dancing, and yoga.** Each component spans a total duration of 24 hours.
- **Psychological rehabilitations** are nurtured through art therapy, which encompasses various modalities such as art therapy, fairy tale therapy, and sand therapy. This component extends over 36 hours.
- **For teenagers, there's a specialized focus on mental rehabilitation** through training sessions aimed at fostering adaptation, leadership, and entrepreneurial skills. This program spans a total of 16 hours.
- **Additionally, we offer support to parents** through both group and individual therapy sessions, supplemented by activities designed to cultivate new social connections and foster community building.



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EXPECTED RESULTS



- **PSYCHOLOGICAL HEALING** – Children will learn to cope with their loss, express their emotions and become more resilient. This will help them return to life fully.
- **SOCIAL INTEGRATION (ADAPTATION PROGRAM)** – Children will learn to effectively establish new social connections, adapt to a new place, and build their support system.
- **RELIEF AND SUPPORT FOR AFFECTED FAMILIES** – Knowing that their children are receiving proper care and support will help alleviate some of the stress and anxiety families may be experiencing.
- **BREAKING THE VICIOUS CIRCLE OF TRAUMA** – We help prevent the vicious cycle of trauma from affecting future generations. Children who receive proper support and healing are more likely to grow into resilient adults, breaking the cycle of trauma in their families and communities.

BUDGET AND COST STRUCTURE

The cost of the pilot amounts to
The cost for the program amounts to

\$16,300
\$550 per child (including the work with parents)

IN TOTAL: \$181,300

MAIN INFORMATION

Partners

Dilijan Community Centers, UWC Dilijan College, “Impulse” children’s football academy, Climate Uturn educational organization

Location

All regions of Armenia

Implementation period

Nov 2023 - December 2024

BENEFICIARIES

- Direct beneficiaries: **340 children and 178 parents**
- Indirect beneficiaries: **around 200 affected families**

SUSTAINABILITY

Monitoring the progress of beneficiaries' rehabilitation, identifying challenges, refining the program as needed, offering tailored assistance, and ensuring the continuous effectiveness of the program.